



**HEALTH AND WELLNESS UNIT (CLINIC)
ANNUAL MEDICAL REPORT
CY 2024**

For: Atty. Robert O. Doller
Network General Manager & Chief Operating Officer

Thru: Ms. Jasmine B. Barrios
OIC, Administrative Division

Date: 21 May 2025

Subject: **ANNUAL MEDICAL REPORT FOR CALENDAR YEAR 2024**

In line with our commitment to safeguarding the health and wellness of our employees, the PTNI Health and Wellness Unit is pleased to present its medical service report for the calendar year 2024.

Despite limited resources and a constrained operating budget, the Clinic has consistently provided free basic medical consultations and essential health services to all personnel. The following core services were delivered throughout the year:

A. Core Medical Services Rendered

- **Taking of Vital Signs** – Routine monitoring of blood pressure and temperature.
- **Provision of Basic Medicines** – Administration of over-the-counter medications for minor ailments (e.g., fever, colds, headaches).
- **Medical Consultation and Advice** – Onsite assessments and health counseling, including guidance on self-care and wellness practices.
- **New Hire Medical Support** – Receiving, reviewing, and safekeeping of results of physical and psychological medical exams for newly hired employees.
- **Employee Consultations and Visits** – The clinic served as a first point of care for walk-in cases, minor injuries, and general wellness check-ins.

Total number of medical service availments for 2024: 3,054

B. Proactive Health and Safety Programs

In 2024, the PTNI Clinic continued its vigilance in monitoring potential health threats, particularly transmissible and communicable diseases, to help maintain a safe and infection-free workplace. The Clinic remained ready to activate precautionary protocols and advisories, should health alerts or pandemic-like conditions recur.

We maintained close coordination with the Administrative Division to support proper workplace hygiene and sanitation practices, including employee reminders on handwashing, mask-wearing when needed, and respiratory etiquette.

C. Health and Wellness Programs

- **Anti-Pneumonia Vaccinations.** On 08 March 2024, the Network, in coordination with the Department of Health (DOH), provided free anti-pneumonia vaccinations for qualified seniors and distributed free medicines
- **Flu Vaccination Drive.** In support of preventive health, an Anti-Flu Vaccination Program was conducted on 23 December 2024, successfully immunizing 130 employees against seasonal influenza.
- **Women's Month Health Activity – Zumba Sessions.** In celebration of Women's Month, two Zumba fitness sessions were held in March 2024. Though no exact headcount was recorded, both activities were well-attended and received positive feedback from employees as part of physical wellness promotion.

D. Disaster Preparedness and Emergency Response

The PTNI Clinic also supported the Network's disaster risk reduction and emergency response activities. Staff participated in the Nationwide Simultaneous Earthquake Drills, helping reinforce quick medical response protocols during emergencies.

Date	Time	Coverage
25 March 2024	9:00 AM	All divisions represented
28 June 2024	2:00 PM	All divisions represented
26 September 2024	9:00 AM	All divisions represented
14 November 2024	2:00 PM	All divisions represented

E. Support for Recruitment and Employment Health Standards


A total of 116 newly hired employees in 2024 underwent comprehensive medical and psychological evaluations as part of the recruitment process. The Clinic ensured strict adherence to fitness-for-duty standards and facilitated the safekeeping of these confidential medical records.

Final Note

The PTNI Health and Wellness Unit remains committed to promoting a culture of health, safety, and preventive care in the workplace. In the face of financial limitations, we continue to explore cost-effective methods to expand our services while ensuring quality and consistency.

We extend our gratitude to the Management for its continued support, and we look forward to strengthening our employee health programs in the years to come.

Respectfully submitted,


MAURICE L. SANOSA, M. D.
Company Physician
Health and Wellness Unit (Clinic)